COUNCIL OF ABORIGINAL ELDERS OF SOUTH AUSTRALIA

ABORIGINAL AGED CARE SERVICES DIRECTORY
This project has been developed by the Council of Aboriginal Elders of South Australia with funding provided by the Australian Government through the Department of Health & Ageing. Website: [www.health.gov.au](http://www.health.gov.au)

The aim of the directory is to inform Aboriginal elders and service providers of the services available to support older Aboriginal people, potential clients and service providers. The information is provided for convenience of consumers and mainstream service providers, at a regional and statewide level.

The directory identifies Aboriginal specific services, non Government, State and Commonwealth Government services. Where there are non Government services and private agencies, these are identified specifically.

A website has also been developed by the Council as a support to this Directory.

Please visit: [www.caesa.org](http://www.caesa.org)

Additional copies of this booklet can be obtained from the Council of Aboriginal Elders of SA 50 Sussex Street North Adelaide SA 5006
PH: (08) 83670783
FAX: (08) 83670784
FOREWARD

The Council of Aboriginal Elders of South Australia is proud to deliver the South Australian Aboriginal Aged Care Services Directory. It is a resource intended not only for use by frail and older Aboriginal people of this state, but also as a valuable tool for mainstream service providers.

I trust that ultimately the directory will provide for the many users, a more efficient and coordinated management of the delivery of aged care services to Aboriginal consumers.

Janice Rigney
CHAIRPERSON
COUNCIL OF ABORIGINAL ELDERS June 2008
This directory was compiled by Marj Tripp Project Officer for the Council of Aboriginal Elders South Australia July 2007- July 2008.

Marj is a Ramindjeri elder and has worked in Aboriginal Affairs for over 37 years with the majority of this time having been spent in administration and initiatives concerning Aboriginal Aged Care.
TABLE OF CONTENTS

(ACH GROUP) 25
(The Grannies Group Program) 26
(Tjilpi Tjiuta Kanyini) 29
ABORIGINAL & TORRES STRAIT ISLANDER 38
ABORIGINAL AGED CARE FACILITIES 28
ABORIGINAL COMMUNITY FUNERAL PLAN 44
ABORIGINAL ELDERS & COMMUNITY CARE SERVICES 27
ABORIGINAL ELDERS VILLAGE 28
ABORIGINAL HACC PROGRAMS 47
ABORIGINAL HEALTH COUNCIL OF SA INC 58
ABORIGINAL JUSTICE OFFICERS 66
ABORIGINAL KINSHIP PROGRAM 26
ABORIGINAL LEGAL RIGHTS MOVEMENT 17
ABORIGINAL PALLIATIVE CARE 33
ABORIGINAL WYATT HOLIDAY PROGRAM 25
ADDITIONAL MAINSTREAM SERVICES 63
AGED CARE ASSESSMENT PROGRAM (ACAP) 9
Aged Care Assessment Team (ACAT) 8
AGED RIGHTS ADVOCACY SERVICE (ARAS) 32
BAPTIST COMMUNITY SERVICES 53
CARERS SA 14
COMMONWEALTH CARELINK CENTRES 42
COMMUNITY AGED CARE PACKAGES 55
COMMUNITY HEALTH SERVICES 60
CONTINENCE MANAGEMENT 43
COUNCIL OF ABORIGINAL ELVERS OF SOUTH AUSTRALIA 7
COUNCIL ON THE AGEING (COTA) 63
DEMENTIA 34
DISABILITY SA 40
DOMICILIARY CARE SA 21
ELDER ABUSE 69
EMU 16
FUNERAL ASSISTANCE PROGRAM 45
GRANDPARENTS FOR GRANDCHILDREN SA INC 63
HACC (Home & Community Care) Services 10
HILLS MALLEE SOUTHERN REGION 23
INDIGENOUS SERVICES – KARPANDI 53
KURA YERLO INC 30
LEGAL SERVICES COMMISSION OF SOUTH AUSTRALIA 18
NORTHERN CARERS GRANNIES GROUP 16
NUNKUWARRIN YUNTI 62
PAYMENT OF FINES 67
PUBLIC TRUSTEE 20
PUKUTJA – AGED RESPIRE FACILITY 30
COUNCIL OF ABORIGINAL ELDERS OF SOUTH AUSTRALIA

Address    50 Sussex St North Adelaide SA 5006
Phone        (08) 83670783
Fax            (08) 83670784
Email  jhaynes@caesa.org

The Council of Aboriginal Elders of SA is a state-wide peak advocacy and information service that provides the vital link between aged care service providers and the Aboriginal Community.

Its main role is to ensure the effective delivery of services to frail and older Aboriginal people in South Australia; to identify gaps in the provision of services and where necessary to recommend changes to the relevant parties. Council works closely with all aged care services and provides a centrally located coordination access point for advice, advocacy, referrals and information.

The Council comprises 18 members (who all work in a voluntary capacity) from its 15 regions throughout the state. Members to Council are nominated annually by their local region forum members. Full Council meets twice a year and varies the location for meetings throughout the state. Executive Committee meetings are held quarterly. The role of each member is to bring issues from the local regional level to state meetings and vice versa.

All Elders are Full Members of the Association of the Council of Aboriginal Elders of SA aged over 60 years, unless they are from a traditional Aboriginal Community (in which case no age limit applies). Associate Membership is encouraged from Aboriginal people aged 45-59 years. Enrolment forms are available from the secretariat of Council located at 50-60 Sussex St North Adelaide.
ASSESSMENTS FOR LEVELS OF CARE

Aged Care Assessment Team (ACAT)

The ACAT teams are located within Domiciliary Care SA

ACAT is a team of health professionals including doctors, nurses and social workers who will do an assessment of your health to determine if you eligible for:

- A higher level of care than you are currently receiving
- Respite Care
- Entry into a residential aged care facility

The assessment will take approximately 1-2 hours and can be done in your own home or in hospital, if you are an inpatient.

You can speak to your local doctor or health worker and ask them to arrange for an assessment for you, or you can ask a family friend to help to arrange one for you.

In addition you can contact your local Aboriginal HACC service or the AACAT (Adelaide Aged Care Assessment Team) on:

PH: (08) 81931203
Fax: (08) 81931201

Website: www.domcaresa.gov.au
ASSESSMENTS FOR LEVELS OF CARE

AGED CARE ASSESSMENT PROGRAM (ACAP)

This Commonwealth Government Program assesses people for their ability to function independently and determines eligibility (and level of need) to:

- Access Commonwealth Funded Residential facilities, or
- Receive a Community Aged Care Package (CACP) or Extended Aged Care at Home package (EACH) including specialized dementia packages. These packages are planned and managed packages of community care services to help older people with complex care needs to remain living in their own homes. They are intended to assist those people needing a higher level of assistance than provided under the HACC (Home & Community Care) Program.

Extended Age Care at Home Packages (EACH)

These packages are for people assessed as requiring HIGH level care by an Aged Care Assessment Team (ACAT). The packages are flexible and generally involve up to 30 hours of assistance per week. Services include:

- Care by registered Nurses
- Domestic assistance & home maintenance
- Personal care
- Social support
- Meal preparation
- Transport to appointment, shopping etc

The cost of a package will not exceed 17.5% of a maximum rate single pension

If you are not in receipt of a full pension you may be asked to pay additional fees.

Contact: Commonwealth Carelink Centres on freecall 1800 052 222 or speak to your local doctor, your health or your HACC worker.
ASSESSMENTS FOR LEVELS OF CARE

HACC (Home & Community Care) Services

The HACC Program is administered through the Office for the Ageing (OFTA) and enables various government and non-government organizations to deliver in home support services to frail older people, older people with disabilities and their carers. This supports people to be more independent in their own homes and in the community, thereby enhancing their quality of life and preventing their premature admission to long term residential care.

Services provided under the HACC Program include:

- Allied Health
- Transport
- Social Support
- Domestic assistance
- Personal care
- Respite and centre based day care

For additional information contact your local HACC Coordinator or Health Worker or AGED RIGHTS ADVOCACY SERVICE PH: (08) 82325377
MURRAY MALLEE AGED CARE GROUP INC

Special care for older Aboriginal people – Community Aged Care Packages
Individually tailored services for older Aboriginal people who wish to stay at home.

It is often considered when older Aboriginal people require assistance with everyday living that they move out of their community areas. A community aged care package provides hostel level of care to frail and/or disabled elderly people in their home.

This service provides significant support to eligible older people so that they are able to:
- Remain living at home with maximum control over their lives, maintaining dignity and independence.
- Negotiate assistance suited to their individual needs with minimal disruption to life.
- Continue as an active and valued member of their community.

Elderly people who are frail and/or disabled are eligible for a care package in their home after assessment and approval of care by a Government Aged Care Assessment Team.

Any person may request an assessment by contacting the Murray Mallee Aged Care Assessment Team at (08) 85356800.

On approval, a care package tailored to the person’s needs is prepared and a care worker is contracted to provide the person with the assistance required.

Care may include:
- Showering and personal hygiene
- Dressing and undressing
- Mobility and transfer
- Assistance with meals, etc.
- Laundry
- Home help
- Monitor prescribed medication (subject to legal restrictions)
- On call emergency assistance
- Temporary respite care at home
- Support and Advocacy to maintain personal affairs
- On a seven day week basis if required

A care package does not generally include home maintenance and modification.

Community Aged Care Packages can be available throughout the Murray Mallee and Southern Fleurieu Regions within the following government areas:
- Mid Murray Council
Each package will be costed individually and a fee agreed upon. For aged pensioners with no other income the fee will not exceed 17.5% of the single aged pension. In addition the Commonwealth provides the Group with funding to assist with the provision of CACP. Further details on the packages can be obtained from:-

Vicki Cummings
Coordinator
Murray Mallee Aged Carers Group Inc
PO Box 1315
74 Adelaide Road
MURRAY BRIDGE SA 5253
PH: (08) 85322255
SA AMBULANCE

“SA Ambulance is the provider of emergency ambulance services in South Australia and is dedicated to providing the people of SA with the highest level of emergency medical and patient care, treatment and transport.”

SA Ambulance covers the whole state with 18 stations in the metropolitan region and 18 in major regional centres. The stations are staffed by full time paramedics and a network of dedicated volunteers.

Subscriptions:
For one year - $111 full cover – Extras $29
Pensioners - $70:50 per annum

PH: 000 for emergency only
PH: 1300 136272
FAX: 82714844
216 Greenhill Road
EASTWOOD SA 5063
Or
GPO Box 3
ADELAIDE SA 5001

For additional information please contact either SA Ambulance or discuss with your local HACC service or your CACP Coordinator
CARERS SA
Carers SA is the Peak Carers organization representing all Carers in South Australia
What is a Carer?
A carer is someone who provides care and support for their parent, child or friend who has a disability, is frail, aged, or who has a chronic mental or physical illness

The SA Carers Charter

Core Principles
1. Carers have choices within their caring role
2. Carers’ health and well being are critical to the community
3. Carers play a critical role in maintaining the fabric of society
4. Service providers work in partnership with carers
5. Carers in Aboriginal and Torres Strait Islander communities need specific consideration.
6. All children and young people have the right to enjoy life and reach their potential
7. Resources are available to provide timely appropriate and adequate assistance to carers.

CARERS SA
58 King William Road,

GOODWOOD SA

P.O. Box 410 UNLEY 5061

PH: (08) 82716288
FAX: (08) 82716388
Free call: 1800 815 549
http://www.carers-sa.asn.au/

ABORIGINAL CARERS PROJECT
Port Augusta/ Port Pirie/Northern Flinders
CARERS SA –NORTHERN COUNTRY
(08) 86411844

SUPPORTING INDIGENOUS CARERS
South East & Country
Murray Bridge Office
4 Third Street
MURRAY BRIDGE SA 5253
PH: (08) 8531 2333
FAX: (08) 85312444
Freecall:1800 059 059
South East Office
6 Davenport Street
MILLICENT SA 5280
Carers allowance through Centre Link
If you are a carer it may be possible for you to obtain a Carer’s Allowance from Centrelink. For assistance call PH: 13 2717
Support for carers is available through various Carer Support Groups, often within your local areas. To find out where your nearest support group is call or talk to your local HACC Coordinator or CACP Coordinator.
NORTHERN CARERS GRANNIES GROUP

EMU

(Elderly Miminis United Support Group)

Northern Carers Grannies Group is a local self managed support group for Aboriginal people who are raising their grandchildren and for Carers in the northern metropolitan region.
Grandparents get together for a yarn, share experiences and have a break from their caring role.
Group activities may include guest speakers, outings, respite retreats or a relaxing coffee and chat.

The group is funded under the HACC Program and the aim is to support Carers in their caring role and link them to services in their local community.

Northern Carers Network Inc
130 Peachey Road
Daveron Park
SA 5113

PH: (08) 8284 0388
FAX: (08) 8284 0399
ABORIGINAL LEGAL RIGHTS MOVEMENT

Aboriginal Legal Rights Movement provides cultural, economic and political social rights for Aboriginal and Torres Strait Islander people.

Aboriginal Legal Right Movement Inc (ALRM)
321-326 King William Street SA 5000

PH: (08) 81133777
FAX: (08) 82117618
Fax Legal (08) 81133765
Free call 1800 643 222
www.alrm.org.au

Branches include:

Ceduna ALRM
Cnr East Terrace and Merghiny Drive SA 5690
PO Box 419
PH: (08) 8625 2432
FAX: (08) 86253093

Murray Bridge ALRM
Shop 1
20 Bridge Street
Murray Bridge SA 5253
PO Box 763
PH: (08) 85324788
FAX: (08) 85311015

Port Augusta ALRM
12 Church Street SA 5700
PO: Box 1771
PH: (08) 86424366
FAX: (08) 86424850

Port Lincoln ALRM
30 Ravendale Road SA 5606
PO: Box 800
PH: (08) 8683 4160
FAX: (08) 86834160
LEGAL SERVICES COMMISSION OF SOUTH AUSTRALIA

Legal Help Line (Telephone advice)
PH: 1300 366 424 (local call cost)
Monday –Friday 9:00am -4:30pm
This service is for preliminary advice, information or referral

Country callers can use this line for the cost of a local call

Adelaide Office
82-98 Wakefield Street
ADELAIDE SA 5000
Or
GPO Box 1718
ADELAIDE SA 5001
PH: (08) 84633555
FAX: (08) 84633599

Elizabeth Office
Suite 2 Windsor Building
1 Windsor Square
Elizabeth shopping centre
ELIZABETH SA 5112
PH: (08) 8207 9292
FAX: (08) 8207 9333

Noarlunga Office
Noarlunga House
Colonnades Shopping Centre
NOARLUNGA CENTRE SA 5168
PH: (08) 8207 3877
FAX: (08) 82073880

Port Adelaide Office
ANL Building 306 St Vincent Street
PORT ADELAIDE SA 5015
PH: (08) 8207 6276
FAX: (08) 8207 6277

Port Augusta Office
13 Flinders Street
PORT AUGUSTA SA 5700
PH: (08) 86485370
FAX: (08) 86485370
Holden Hill Office
Tenancy 7, 560 North east Road
HOLDEN HILL SA 5088
PH: (08) 83691044
FAX: (08) 83691066

Mount Barker Office
18 Walker Street
MOUNT BARKER SA 5251
PH: (08) 83914747
FAX: (08) 83914747

Whyalla Office
1st Floor RAA House
25 Forsyth Street
WHYALLA SA 5600
PH: (08) 86488060
FAX: (08) 86488066
The Public Trustee provides an extensive range of services:

- **Making of your will** – Making a will is the best way to ensure your assets will be distributed according to your wishes.
- **Estate administration** – Estates can be administered in accordance with the terms of your will.
- **Trusts** – A trust secures your assets so that children or other named beneficiaries can access them in the future.
- **Enduring Power of Attorney** – If you have an accident or sudden illness, you may need someone to manage your financial affairs.
- **Enduring Power of Guardianship** – An enduring guardian is a person you can appoint to make personal and lifestyle decisions for you. The role of a guardian is not the same as an attorney. An attorney manages a person’s financial and legal affairs, whereas a guardian makes personal and lifestyle decisions on behalf of someone else. You can choose who this person should be.
- **Personal management services** – Sometimes due to an illness, accident, old age or disability, people find that they are no longer able to handle their financial affairs.
- **Taxation Services** – Public Trustee will prepare your annual tax returns and provide advice on all your personal taxation matters.
- **Fund Management Services** – Monies can be held in trust for clients and help is offered for investing these monies.

For Further information contact the office of Public Trustee:
25 Franklin Street
ADELAIDE SA 5000
PH: (08) 82269200
FAX: (08) 82319518
Toll Free: 1800 673 119
[www.publictrustee.sa.on.net](http://www.publictrustee.sa.on.net)
DOMICILIARY CARE SA
Services for Aboriginal & Torres Strait Islander People

Domiciliary Care SA provides services to people with reduced ability to care for themselves, assisting them to stay in their own homes.

Do you or any of your family have difficulty with the following?
- Walking
- Falling
- Showering
- Dressing
- Speech
- Swallowing/eating
- Bowels or bladder
- Cutting toe nails
- Cleaning
- Coping with stress or relationships
- Confusion/memory loss

Aboriginal Staff are employed by Dom Care SA to provide culturally appropriate services to Aboriginal people. These services are provided under strict confidentiality.

Dom Care SA provides services to people with reduced capacity, assisting them to stay living in their own homes close to loved ones, family and local community.

Dom Care’s services include physical assistance, rehabilitation and social support for those in need as well as respite and support for their caregivers.

Through helping to improve quality of life and promote independence,
Dom Care’s assistance often prevents premature or inappropriate admission to residential care. Staff will:

- Support older people and people with disabilities in the community to remain living in their own home
- Assist the person to understand their medical and physical problems
- Be respectful of culture
- Help you find ways to live with your problems
- Work together with clients, their families and other agencies.

General enquiries and client referrals

Metropolitan Access Team (8:30am-5pm)
Client Service Offices

Elizabeth Office
Cnr Mark Road & Oldham Road
Elizabeth Vale SA 5112
PH: (08) 82568500

Hampstead Office
207 -255 Hampstead Road
Northfield SA 5085
PH: (08) 83046200

Netley Office
Buildings 2&4
300 Richmond Road
Netley SA 5037
PH: (08) 81931200

Noarlunga Office
Alexander Kelly drive
Noarlunga Health Centre SA 5168
PH: (08) 83849277

Park Holme Office
670 Marion Road
Park Holme SA 5043
PH: (08) 82773366

Woodville Office
19-21a Belmore Terrace
Woodville SA 5011
PH: (08) 84406700
ABORIGINAL AGED CARE PROGRAM
Tumake Yande is committed to the provision of services to Aboriginal Elders and their carers.

Objectives of the program:

• To support the recommendations of the Regional Aboriginal Elders Advisory Committee and to enable the provision of aged care services across the region.

• To expand the current level of services used by Aboriginal families living in the region

• To promote services with other agencies in addressing the health, housing, and welfare needs of elderly Aboriginal people and their families

• To continue to promote Aboriginal culture as an important step in improving health outcomes for Aboriginal families.

Client’s eligibility and capability to receive services will be assessed by the Regional Coordinator, Tumake Yande, Aboriginal Aged Care Program
A letter from the client’s doctor may be required.

Hours of service are between 9am to 5pm Monday to Friday (excluding Public Holidays)

Aboriginal elders living on Ngarrindjeri Lands have a leading role to play in maintaining the cultural and social customs, and the well being of all families living in the region. The influence that they possess through their knowledge, their ability to express and communicate, as well as their personal histories, cannot be measured.

Victor Harbor/Goolwa – Southern Fleurieu Health Service
PH: (08) 85520600 or 0402155183

Murray Bridge
Murray Mallee Aged Care Group Inc
ABORIGINAL WYATT HOLIDAY PROGRAM

(ACH GROUP)

“Helping you take a break”

Aboriginal Wyatt Holidays is a respite program for frail or disabled older Aboriginal people and/or their carers living in South Australia. It is a unique program because it provides respite by arranging and coordinating individually planned holidays. Each holiday is designed to meet the needs of the individual and their carer and you may choose where you go.

Wyatt Holidays can help you with:
- Planning your holiday around your own needs
- Booking holidays
- Arranging a suitable companion if you need someone to go with
- Transfers from home
- Assistance with holiday costs
- Arrangements for personal care and special needs
- Hire of equipment

Eligibility
This respite program is funded by Home and Community Care (HACC) and is available to frail or disabled older Aboriginal people and their carers living in South Australia. An eligibility assessment is required.

An Aboriginal Officer is available to assist you with your plans.

ACH Group
287 Payneham Road
ROYSTON PARK SA 5070
PH: (08) 83493515
FAX: (08) 8362 4722

www.ach.org.au
ABORIGINAL KINSHIP PROGRAM
(The Grannies Group Program)

The Grannies Group is a peer support network of Aboriginal grandparents who advocate on behalf of issues affecting their children, grandchildren and their community.

**Aims**

- To establish network and support systems within the group and community
- To reduce drug related deaths in our Nunga community
- To create an awareness of drug issues and to offer support and encouragement for a community approach to resolving issues
- To ensure grandmothers and grandfathers access financial assistance when caring for their grandchildren
- To ensure Aboriginal organizations that receive funding to service the Aboriginal community are accountable
- To inform others within and outside the community about its purpose and hopes of achievement.

**Purpose**

The Grannies Group meetings are focused on:

- Discussing drug abuse issues and the effect on the whole community
- Providing support to other grandmothers, grandfathers and families
- Discussing issues with relevant representatives from Government. Aboriginal and Community Organizations
- Providing opportunities for people to access outreach support
- On working cooperatively with all key stakeholders in providing direction of issues impacting on the Aboriginal community

The Grannies meet every fortnight at:
The Parks Community Centre
Cowan St
Angle Park SA
Contact Diana Grose
PH: (08) 82409633
MOBILE: 0422000393
Email: Diana.grose@health.sa.gov.au
ABORIGINAL ELDERS & COMMUNITY CARE SERVICES

Aboriginal Elders & Community Care Services provides community and residential care for Aboriginal people. It offers accommodation, care and support to Aboriginal Elders at the Aboriginal Elders Village and services to Elders, younger adults with disabilities and carers in the community and at home through Aboriginal Home Care and Aboriginal Community Aged Care Packages.

(ABORIGINAL HOME CARE PROGRAM)

Aboriginal Home Care provides a range of services that will assist you to maintain your quality of life. It will help elderly Aboriginal people, Aboriginal adults with disabilities and carers of Aboriginal people who are elderly or who have disabilities.

Services include:
- General housework
- Respite Care
- Minor home maintenance
- Basic gardening service
- Personal care
- Transport (subject to approval)
- Assistance with shopping and banking/bill paying activities
- Social Activities

Aboriginal Home Care organizes regular social activities and outings for clients including:
- Community BBQ’s
- Events (e.g. NAIDOC week, Seniors Week)
- Arts & Craft
- Men’s Group
- Women’s Group

PH: (08) 83469155
FAX: (08) 83469766
Email: homecare@ahcp.org.au
Web: www.aboriginalelders.com.au
ABORIGINAL AGED CARE FACILITIES

These facilities are funded by Commonwealth Department of Health Care and Ageing and are classified as flexible services.

ABORIGINAL ELDERS VILLAGE

The Aboriginal Elders Village delivers care and support to residents with high and low care needs as well as respite care when required.

Independent living units and single rooms are available, each with air conditioning, ensuite bathroom and built in robes. Linen is provided and residents are encouraged to bring their own furniture if desired.

The village is fully fenced and protected by a security service.

For further information contact:-
Aboriginal Elders Village
2 Oldford Street
DAVERON PARK SA 5113
PH: (08) 82871454
FAX: (08) 82871580
Email: elders1@internode.on.net
Web: www.aboriginalelders.com.au

SEAVIEW VILLAGE – THEVENARD

Seaview Village is an aged care facility at Thevenard. It is a flexible hostel, not a nursing home and provides care services through to older Aboriginal people from the Ceduna, Koonibba, Yalata and Oak Valley regions. It will also cater for non-Aboriginal spouses who need some form of care.

103 Seaview Terrace
THEVENARD SA 5690
PO Box 314 CEDUNA SA 5690
PH: (08) 86252855
FAX: (08) 86252855
Website: www.wangkawillara.com

WAMI KATA

Wami Kata is an Aboriginal specific service situated in Davenport Community Port Augusta.
It is a flexible aged care facility for older Aboriginal people in Port Augusta and surrounding towns including from the Pitjantjatjara Lands.
UMOONA AGED CARE FACILITY
(Tjilpi Tjuta Kanyini)

This aged care facility is situated on the site of the Coober Pedy Hospital, close to the Umoona Aboriginal Community. It provides flexible care to local Aboriginal people and to people from the Pitjantjatjara Lands. It has a bush camp 12 kilometres from Umoona for summer camping.

Lot 89, Hospital Road
PO Box 166
COOBER PEDY SA 5723
PH: (08) 8672 5605
FAX: (08) 8672 5775
Email: uacmanager@bigpond.com

REGENCY GREEN MULTICULTURAL AGED CARE

Uniting Care Wesley

An ACAT assessment through Community Aged Care packages is required for admission to the Aboriginal section of this facility. A waiting list is kept and admission is on the basis of need and suitability to the available room. Regency Green has a multicultural focus and priority access is given to residents with Spanish, Maltese, Vietnamese, Chinese, Filipina, Cambodian and Aboriginal backgrounds. Residents may be required to pay an accommodation fee depending on assets and assessed level of care.

It is necessary for you to complete a “Statement of Assets” from when applying for admission. As there is usually a number of people waiting for a bed it is important that when you are offered a bed, that a decision will be required quickly. It is a good idea to visit the facility prior to putting your name on the waiting list.

181-193 Days Road
REGENCY PARK SA 5010
PH: (08) 8345 3518
FAX: (08) 8345 4350
Email: regency@ucwpa.org.au
Website: www.ucwpa.org.au
PUKUTJA – AGED RESPITE FACILITY
This flexible facility on the Pitjantjatjara lands at Ernabella is for residential accommodation –low medium and respite.
PH: (08) 89567033

AGED CARE COMPLAINTS INVESTIGATION SCHEME
The Aged Care Complaints Investigation Scheme investigates complaints and concerns about Australian Government subsidized aged care including residential and community care.
PH: (08) 8237 8311 or Toll Free: 1800 500 853

KURA YERLO INC
Kura Yerlo provides services to the Aboriginal Community in the western metropolitan region and hosts many programs including:
- The Aboriginal Aged Care Program (HACC)
- Socialization and recreational program
- Day care, art & craft camping, day trips and luncheons
- Transport to venues

NUNGA CARERS GROUP
- Meets every second Monday from 10am – 2pm, for carers of aged and younger people with disabilities
- Provides social outings, arts and craft sessions and regular guest speakers.
- Provides transport

KARRARENDI PROGRAM
- Karrarendi program is a culturally focused program for Aboriginal people with a disability. It includes a program for adults, art and craft camps and excursions and participation in the High Beam festival.
- Sessions are held Thursday fortnightly from 10am – 2:30pm.
- Pottery & leadlight sessions are also available to the elders on Wednesdays from 10am -1pm

BURKA MEYUNNA
(Elderly people by the sea)
This group is a Home & Community Care Centre based day care program of Aboriginal Elders of the western metropolitan regional forum of the Council of Aboriginal Elders of SA. The group meets once a fortnight.

KURA YERLO INC
228 Lady Gowrie Drive
LARGS BAY SA 5016
AGED RIGHTS ADVOCACY SERVICE (ARAS)
(FOR THE RIGHTS OF OLDER PEOPLE)

Aged Rights Advocacy Service (ARAS) offers a free, confidential and independent service to older people or their representatives who are:
- Receiving community based services
- Living in Commonwealth subsidized aged care facilities
- Receiving community aged care packages
- At risk of, or are experiencing abuse.

ARAS advocates are available to visit community groups throughout SA. Please contact ARAS during office hours to arrange this.

An Aboriginal advocate is employed by ARAS to work with Aboriginal people throughout the state.
The ARAS pamphlet is available in several languages including Braille.
An interpreter can be arranged if required.
ARAS strives to provide a quality service and welcomes any comments or complaints about our service. If you are unhappy with the service provided, please contact the office and everything will be done to address any issues of concern.

AGED RIGHTS ADVOCACY SERVICE
45 Flinders Street
ADELAIDE SA 5000
PH: (08) 82325377
FAX: (08) 82325388
Free Call 1800 700 600
Email: aras@agedrights.asn.au
Website: www.sa.agedrights.asn.au
ABORIGINAL PALLIATIVE CARE

(Doing things the Nunga way)

Palliative Care – What’s it all about? Working with the Nunga Community
Palliative Care is about helping a person (and his/her family) with an illness that is not curable.

Nungas nearing the end of their lives, because of illnesses that cannot be cured, need special attention.
Advice and support is available to ensure all aspects of the Aboriginal person’s life are catered for in an Aboriginal community or in the city.
The aim is to ensure the person is as comfortable and active for as long as possible.
Aboriginal ways are unique and there are various ways of dealing with death and dying, with the utmost respect, dignity and sensitivity.
It is important to involve family members in discussions about treatments, cultural obligations and spiritual matters.
Loss and grief (Sorry Business) touches everyone. Ongoing support for the grieving family is available.
A palliative care team including Aboriginal Health Workers will work hand in hand with the family and extended family.

Respect
Palliative care workers are trained to care for Aboriginal people in a culturally sensitive way, acknowledging that there are protocols that are to be observed and respected.

Support
Aboriginal Elders and trained volunteers can help with practical and emotional support at home or in hospital. In country areas contact your local health worker or hospital.

Aboriginal Services in Adelaide
You can contact your local Palliative care and hospice services, your local health, ACAP/HACC worker or contact:

THE PALLIATIVE CARE COUNCIL OF SA
202 Greenhill Road,
EASTWOOD SA 5063
PH: (08) 82914137

ABORIGINAL HOME CARE
3 Ninth Ave BROMPTON SA 5007
PH: (08) 83469155
DEMENTIA

Dementia is a major health problem for Aboriginal people

A National Indigenous Dementia Strategy has been developed which will help agencies responsible to know how to deal with Aboriginal people with memory loss. There are various support groups which assist with providing information and support to those suffering dementia:

- These groups are specifically designed for people in the early stage of dementia, together with a family member or friend
- Initially, a 6-8 week group program is held (two hour sessions, one day a week.)
- Ongoing support groups are then offered (usually monthly)
- In each case two groups are conducted, one for people living with memory loss and the other for a family member or friend. People with memory loss can attend alone if they wish
- In South Australia these groups are held in various metropolitan and country locations.
- Groups are free of charge.
- There are two Aboriginal Officers now available to help provide services to Aboriginal clients

Information is available through

ALZHEIMERS SA
27 Conyngham Street
GLENSIDE SA 5065
PH: (08) 8372 2100
FAX: (08) 83383390
www.alzheimers.org.au

DEMENTIA HELPLINE
Freecall 1800639331

DEPARTMENT OF HEALTH & AGEING
Aged and Community Care Information Line
Freecall 1800500853
www.health.gov.au
COMMONWEALTH CARELINK CENTRES
Freecall 1800052222
www.commcarelink.health.gov.au

HEALTHINSITE
www.healthinsite.gov.au/topics/Dementia

CENTRELINK
For financial assistance for carers PH: 132717

For publications for carers of frail aged, ill or disabled persons

Kits are available from Alzheimers SA
and
Aboriginal Drug and Alcohol program (08) 83620395
SENIORS CARD

The Seniors Card was introduced by the SA Government in partnership with the private sector. The card encourages seniors to maintain an active lifestyle by entitling them to concessions on public transport and other services e.g.

- Accommodation
- Sport
- Retailing
- Hospitality
- Commercial services
- Entertainment
- Culture
- Travel
- Health and fitness

You may also be entitled to rebates on Council rates (up to a maximum of $100) and the Emergency Services Levy (up to a maximum of $40)

Who is eligible?
All permanent residents of Australia, aged 60 years or over and working no more than 20 hours per week in paid employment. The Seniors Card is issued free.

Application Forms are available from:
The Seniors Card Unit –Office for the Ageing
Department for Families and Communities
PO Box 196, Rundle Mall
ADELAIDE SA 5000

PH: Freecall Australia wide -1800 819 961
Email:OFTASeniorscard@dfc.sa.gov.au
www.seniorscard.com.au
SECURITY

For a free security audit – A SAPOL Police Officer will come to your home and make suggestions for improved security.
PH: (08) 82262919

Infrared sensor lights can be purchased from your local hardware store.

**KeySafe** – never hide a key outside, instead use a **KeySafe**. The key Safe lock is a strong sturdy metal lockable box that can be easily mounted externally to your home with your house spare keys inside. It comes with a combination lock that you can set your own code into. It allows anyone you know and trust to have access to your home should that become necessary and is useful in case of emergency.
PH: (08) 83824555

**Fire Safety**
Dead latches are preferable in case of a house fire
Consider having your locks keyed alike.
If you have dead locks, always leave the key in the lock while you’re at home.

**Smoke Alarms**
Smoke alarms are compulsory in ALL homes
Test alarms every month
Clean alarms every 6 months
Change batteries every year

Talk to your local HACC Coordinator or CACP person

**Personal Response Systems (PRS)**

A Personal Response System is an electronic device that allows you to summon help in an emergency, by pressing a button on a neck pendant or wrist band. There may be a cost to securing one of these, so check with your local HACC Service or CACP provider

**Australian Red Cross - Telecross**
Telecross is a service available 7 days per week, every day of the year. If you have a disability, are housebound, are a carer, are frail, aged, socially isolated, recovering from an illness or live alone phone to register for this service,
A Telecross volunteer will call you at the same time every day to ensure that you are safe and well. If you don’t answer, an agreed emergency procedure will be activated and help arranged if necessary.
Talk to your HACC coordinator or CACP worker in your local area or contact Telecross
PH: (08) 8100 4697 or Toll Free 1800 246 850 between 10am and 3pm.
Can Veteran Affairs help you?

Like all Australian veterans, Aboriginal and Torres Strait Islander people who have fought for their country can apply for benefits and services from the Department of Veterans’ Affairs (DVA). Benefits and services are also available to their families.

Disability Pension
If you an illness or injury that was caused by or is related to your wartime service you may be entitled to a disability pension.

Service Pension
If you are a male veteran, aged 60 years or over and have what is known as “qualifying” service” you might be eligible for an age Service Pension. Female veterans can apply from the age of 56 ½. If you are under 60, but are unable to work for medical reasons, you can apply for an Invalidity Service Pension. Service Pensioners can also get help paying the rent, medicines and telephone bills. You might get a special allowance if you live in a remote area.

Health Care
Some veterans can get free access to health care services such as medical and hospital treatment, dental care, physiotherapy, podiatry, community nursing and medicines. DVA can also help to cover the cost of counselling away from home to receive health care.

Counselling
The Vietnam Veterans’ Counselling Service (VVCS) helps veterans who are suffering stress caused by or related to their wartime service. VVCS counselors can talk with you and your family about problems at work or at home and help you find ways to handle them.

Can Veterans’ Affairs help your family?
Even if you think you might not be able to get a pension or other benefits from DVA, you should talk or someone about it, for the sake of your family. As well as helping veterans, DVA provides benefits and services to their families. The widows or widowers of veterans whose death is caused by or related to their wartime service may be eligible for a pension and /or health care.
**Who to talk to**
You can call the DVA office in your State or Territory and ask for the Aboriginal and Torres Strait Islander Veterans Project Officer. This will ensure you get to talk to the person who can best help you with any questions about DVA’s services and benefits and how to claim for them.

**SA/NT PH:** (08) 8290 0555 or Freecall 1800 113 304 outside metropolitan region
Aboriginal and Torres Strait Islander Services are a part of Disability SA (which in turn is part of the Department for Families and Communities). The ATSI services are committed to ensuring that disability services are delivered in a culturally respectful framework that recognizes, protects and continues to advance the inherent rights, culture and traditions of Aboriginal and Torres Strait Islander people.

**Broad functions are:**
- To set policy and plan services for Aboriginal and Torres Strait Islander people with disability
- To provide client services to Aboriginal and Torres Strait Islander people with disability

**To help you the ATSI service will:**
- Help you and your family link with disability services
- Coordinate services for Aboriginal and Torres Strait Islander clients
- Support the Aboriginal and Torres Strait Islander communities with disability to their families and communities
- Provide cultural advice to non Aboriginal staff of Disability SA
- Reconnect Aboriginal and Torres Strait Islander people with disabilities to their families and communities
- Advocate for clients and help them talk up
- Advise disability agencies about improving access to services for Aboriginal and Torres Strait Islander people.

Please contact the Aboriginal and Torres Strait Islander Services during business hours on PH: (08) 8372 1474
Manager
Vicki Hodgson – Brown
103 Fisher Street
Fullarton 5063

Email: Vicki.hodgson@dfc.sa.au

Policy Team
Vicki Shaw (Ass/ Project Officer)
PH: (08) 8372 1474

Client Service Team
Sharon Haylen (Team Leader)
PH: (08) 8372 1474

Aboriginal Disability Advisors
Christine Wilson
Western Office
PH: (08) 8348 6000

Alison Warrior
Gilles Plains
PH: (08) 83667300

Claudine Buckskin
Southern office
PH: (08) 83847299

Russell Ellis
Salisbury Office
PH: (08) 82825500

Key Worker
Alison Warrior
Gilles Plains
PH: (08) 83667333

Country
Annetta Coleman
Ceduna
PH (08) 86262600

James Taylor
Port Augusta
PH: (08) 86411600
COMMONWEALTH CARELINK CENTRES

Commonwealth Carelink Centres are information centres for older people, people with disabilities and those who provide care and services. Centres provide free and confidential information on community aged care, disability and other support services available locally, interstate or anywhere in Australia.

There are a wide range of services to support to support independent living in the community, but finding out about them or accessing them can be time consuming, difficult and confusing. Commonwealth Carelink Centres provide a single point for anyone to access this information quickly. The Centres can also assist with information about costs for services, assessment processes and eligibility criteria.

In South Australia there are 4 Commonwealth Carelink Centres:

**South East Metro**
Carer Support & Respite Centre Inc
290 Glen Osmond Rd
FULLARTON SA 5063
Email: admin@carersupport.org.au

**South East Country**
Carers Association of SA Inc
4 Third Street
MURRAY BRIDGE SA 5253
Email: ailsacclink@carers-sa.asn.au

**North West Metro**
Wesley Uniting Mission Inc
77 Gibson Street
BOWDEN SA 5007
Email: commonwealthcarelink@ucwb.org.au

**North West Country**
Adelaide Central Mission Inc
33 Mackay Street
PORT AUGUSTA SA 5700
Email: ccarelink@ucwesleyadelaide.org.au

FREECALL TO ALL CENTRES: 1800 052 222
CONTINENCE MANAGEMENT

Bladder and bowel control problems are a widespread health concern in our community. Both the financial and social costs are high. Incontinence affects the quality of life of around 1 in 5 Australians across all age groups and from all walks of life. The social costs of incontinence can impact on close relationships, self esteem and dignity, job performance, enjoyable social activities, family contact, healthy exercise, and giving up paid or voluntary work.

Incontinence is widespread affecting:
- People from every age group
- 1 in 3 women who have ever had a baby
- 50% of women aged 26-39 years
- 42% of women aged over 75 years
- 5 or more children in a class of 5 year olds who are bedwetting at least twice a week

Yet
- 60-70% of those affected could be cured or much better managed
- Around 60% of those with an incontinence problem do not discuss it, even with a doctor
- Incontinence is a principal reason (along with mobility and dementia) for entry to and aged care residential facility
- Carers at home are frequently dealing with incontinence as a significant part of their care time.

For further information contact:
The Continence Foundation of Australia
National Continence Helpline
Freecall: 1800 33 00 66
Or
Speak to your local Aboriginal Health, HACC or ACAP worker who can provide you with further information including pamphlets and an Indigenous Continence Kit.
ABORIGINAL COMMUNITY FUNERAL PLAN

A Funeral Plan for you and your family

Freecall 1800 622 924
Or
Aboriginal Community Funeral Plan
44A Griffith St Coolangatta Qld 4225
PO Box 1188, Coolangatta Qld 4225

Planning ahead with the Aboriginal Community Funeral Plan

When a member of your family passes away it is difficult to meet funeral costs. The Aboriginal Community Funeral Plan can help you with the payment of these costs.

ACBF and related companies have been helping with funeral costs for over 13 years and have provided funeral Plans for many thousands of Aboriginal people Australia wide.

We all put money aside for things such as rent electricity and food. Few of us do this so we have enough money when someone we love passes away: a hard thing to think and talk about, however something that will affect us all.

Funeral costs have increased dramatically.

The average cost of funerals across Australia has increased from about $100 in the late 1950’s to about $6,500 in 2005. All too often people have been forced to pass this debt on to loved ones within their community.

Aboriginal Community Funeral Plan provides a range of affordable cover from $4,000 to $15,000 to meet funeral and funeral related expenses starting from as little as $6.00 per fortnight, depending on your age, health and the amount of funeral cover you select. Payments to us are made every two weeks by a method to best suit you.

Once your first payment is received, you and the members of your family who are under your plan are covered if there is an accident or illness that causes anyone or all of these people to pass away.

In the case of more than one person passing away, for example caused by a vehicle accident a pay out is available for each and every person covered by the plan.

The customer service team can arrange a home visit by a local consultant or you can choose to complete an application over the phone.
People who have recently experienced the death of a family member and who are facing hardship may be eligible to receive financial assistance to cover the cost of a basic funeral and other related expenses. The Funeral Assistance Program, run by the Department for Families and Communities provides financial held to eligible applicants to cover the cost of funeral expenses including:

- A weekday service at a church, chapel or gravesite
- Funeral directors fees
- Cemetery or crematorium fees
- A basic coffin
- Hearse transportation to the funeral
- Religious Minister or Celebrant fee
- Preparation of relevant legal transfer documents
- Legal certificate fees (not death certificate)

It does not cover the costs of:

- Flowers
- Advertising
- Weekend services
- Memorial cards or books
- Mourning cars or limousines

The Program covers the costs of funerals at Centennial Park cemetery, Enfield Memorial Park or Smithfield Memorial Park in metropolitan Adelaide. Consideration is also given to applications to cover the costs of transportation of a deceased Aboriginal person to their homelands, if this is culturally required.

**If you have not already contracted a private funeral director – you may be eligible for FULL CONTRACT funeral assistance**

**If you have already contracted a private funeral director – you may be eligible for AFTER THE EVENT funeral assistance**

To be eligible for financial assistance through this program you will need to provide evidence of the amount of income and assets and liabilities of the deceased and their immediate relatives. Support documents such as a pension card, Centrelink card, Department for Veterans’ Affairs card, and bank statements for all bank accounts will assist with your application being quickly assessed.
Aboriginal Centre for Information & Arts Inc. (ACFIA)

"Travel Assistance to Nunga Funerals - Fund"

Guidelines for Applying:

1. The assistance is only for Aboriginal people
2. The assistance is only for vehicle transport or petrol to and from funerals
3. In most cases it needs to be a close relative, but is still up to the discretion of ACFIA
4. At least 2-3 days notice must be given
5. Assistance can only be provided up to $150.00 per Family per year
6. Payments are from $50.00 for fuel up to $100.00 Bus transport/Fuel (to assist with a group)
7. Application request must be in writing or email or fax
8. The name of the Banking Institution, Account Name, BSB & Account Number must be supplied on application.
9. All information is kept confidential; accept for the Place, Deceased Name and type of assistance provided. This information is kept to show the need for this funds support.

email: acfia@iprimus.com.au
ABORIGINAL HACC PROGRAMS

The HACC Program is jointly funded by the Commonwealth and State Governments. In South Australia the Program is administered through the Office for the Ageing (OFTA) of the Department for Families and Communities.

The HACC Program aims to:

- Provide a comprehensive, coordinated and integrated range of basic maintenance and support services for frail and older people, people with a disability and their carers
- Support these people to be more independent in their own home and the community which will in turn enhance their quality of life and/or prevent their premature admission to long term residential care and
- Provide flexible services that respond to the needs of the client

Within the Office for the Ageing is an Aboriginal Unit. Project Officers from this unit liaise regularly with agencies throughout the state that receive funding for Aboriginal HACC Programs.

OFFICE FOR THE AGEING
Department for Families & Communities
4th Floor, South West Riverside Centre
North terrace
ADELAIDE SA 5000
PH: (08) 8207 0522
FAX: (08) 8207 0555
Email: ofta@dfc.sa.gov.au
Website: www.ageing.sa.gov.au

SOUTH AUSTRALIAN ABORIGINAL HACC PROGRAMS

CITY OF TEA TREE GULLY
“Gully Winds Aboriginal Program”
571 Montague Road
MODBURY SA 5092
PH: (08) 8397 7215

PORT LINCOLN ABORIGINAL AGED CARE
Council of Aboriginal Elders –Pt Lincoln Regional Forum
2 Cranston Street
PORT LINCOLN SA 5606
PO Box 624
PH: (08) 86834900
FAX: (08) 86834900
NGANAMPA HEALTH COUNCIL
PO Box 2232
3 Wilkinson Street
ALICE SPRINGS NT 0871
PH: (08) 8954 98040
FAX: (08) 8956 7850

PIKA WIYA HEALTH SERVICE
PO Box 2021
44-46 Dartmouth Street
PORT AUGUSTA SA 5700
PH: (08) 8642 9999
FAX: (08) 8642 6621

PIKA WIYA HEALTH SERVICE
NUNYARA WELL BEING CENTRE
17-23 Tully Street
WHYALLA STUART SA 5608
PH: (08) 8649 4366
FAX: (08) 8649 4185

CEDUNA KOONIBBA HEALTH SERVICE
PO Box 114
60 Poynton Street
CEDUNA SA 5690
PH: (08) 86262600
FAX: (08) 8262680

ABORIGINAL HOME CARE
3 Ninth Street
BROMPTON SA 5007
PH: (08) 8346 9155
FAX: (08) 8346 9766

DUNJIBA COMMUNITY COUNCIL
Main Road
OODNADATTA SA 5734
PH: (08) 86707783
FAX: (08) 86707783

TULLAWON HEALTH SERVICE
C/-Yalata Community
YALATA SA 5690
PH: (08) 86256237
FAX: (08) 86256268

Page 48
KURA YERLO COUNCIL
208 Lady Gowrie Drive
LARGS BAY SA 5016
PH: (08) 8449 7367
FAX: (08) 8341 7006

MID NORTH REGIONAL HEALTH SERVICE
Alexander Street
PORT PIRIE SA 5540
PH: (08) 8638 4693
FAX: (08) 8638 4355

MARREE ARABUNNA CENTRE
Main Road
MARREE SA 5733
PH: (08) 8675 8351
FAX: (08) 8678 6022

WAKEFIELD COUNTRY HEALTH SERVICE
36 Robert Street
MAITLAND SA 5573
PH: (08) 8832 2050
FAX: (08) 8832 2895

RIVERLAND COUNTRY HEALTH SERVICE
24 Hawdon Street
BARMERA SA 5345
PH: (08) 8588 0454
FAX: (08) 8588 0499

SOUTH COAST DISTRICT HOSPITAL
Harbor View Terrace
VICTOR HARBOR SA 5211
PH: (08) 8552 0600
FAX: (08) 8552 0616
(This service includes the Murray Bridge/Raukkan and Meningie regions)

SOUTH EAST REGIONAL HEALTH SERVICE
22 Sturt Street
MOUNT GAMBIER SA 5291
PH: (08) 8762 8160
FAX: (08) 8762 8164
UMOONA AGED CARE
Tjilpi Tjuta Kanyini
Lot 89 Hospital Road
COOBUR PEDY SA 5723
PH: (08) 8672 5606
FAX: (08) 86725775

KARPANDI ELDER WOMEN’S PROGRAM
210 Wright Street
ADELAIDE SA 5000
PH: (08) 8211 8344
FAX: (08) 82126457

COLEBROOK COMMUNITY CENTRE
Hawker Road
QUORN SA 5433
PH: (08) 82144832

NGAANYATJARRA PITJANTJATJARA YANKUNYTJATJARA (NPY)
WOMENS’ COUNCIL
3 Wilkinson Street
ALICE SPRINGS NT 0871
PH: (08) 8958 2347
FAX: (08) 8952 3742

AGED CARE & HOUSING INC
ABORIGINAL WYATT HOLIDAYS
32 Halifax Street
ADELAIDE SA 5000
PH: (08) 8414 4600
FAX: (08) 8414 4661

AGED RIGHTS ADVOCACY SERVICE
ABORIGINAL HACC CONSUMER PROJECT
45 Flinders Street
ADELAIDE SA 5000
PH: (08) 8232 5377
FAX: (08) 8232 5388

CARERS ASSOCIATION OF SA
INDIGENOUS CARER SUPPORT GROUP
11 Louden Street
PORT AUGUSTA WEST SA 5700
PH: (08) 8641 1844
FAX: (08) 8641 1944
TRANSITIONAL ACCOMMODATION CENTRES

What the centres offer you:

- The centres are open to all Aboriginal people who need support. This is often older people.
- The centres provide accommodation for 50 or more people and caters for families and individuals
- The centres are supervised 24 hours a day, 7 days a week by staff with local knowledge and language skills
- Wiltja and Unit facilities are available for short to medium term accommodation
- The centres provide pathways to health and wellbeing, dignity and independence
- The centres help you return to community and move through a range of alternative housing options
- The centres provide access and links to local government and non government service agencies.
- Safe and secure accommodation
- Culturally appropriate Facilities
- Accessible Support Service
- There is no tolerance to violence, alcohol or drugs at any of the Centres. We want to build stronger community relationships. Strengthen families and develop a proud aboriginal community

WANKA WILURARA ACCOMMODATION CENTRE
Good Rd
CEDUNA SA 5690
PH: (08) 86253522
FAX: (08) 86253063

LAKEVIEW ACCOMMODATION CENTRE
Buzzacott Close
PORT AUGUSTA SA 5700
PH: (08) 86412944
FAX: (08) 86412395
ELDER PROGRAM
Operating from the Karpandi building, this program provides services to Indigenous Elders ranging from transport, advocacy, counseling support, social activities and support.

INDIGENOUS CHILDRENS’ PROGRAM
The Indigenous Children’s Program provides services to indigenous families specifically geared to their children. Services include playgroup, school holiday program and outreach services.

DRUG & ALCOHOL PROGRAM
The drug and alcohol program operates from West Care and targets Indigenous men. Services provided include assessments, counselling support, accommodation support, advocacy, referral support, group work and individual support.

CULTURAL DEVELOPMENT PROGRAM
Cultural development activities provide a range of services to Indigenous people that engage and introduce elements of culture, community relationships, support issues of identity, awareness of cultural issues, provide cultural camps, Indigenous dance and craft.

ARTS DEVELOPMENT PROGRAM
Arts programs provide various activities that have an Indigenous flavour and engage people to look at their own art creativity and produce work from their own experience and heritage. There is opportunity for people involved in the program to share the work that is produced, within the Aboriginal community and at various functions and events.

FAMILY VIOLENCE PROGRAM
The Family Violence Program works with a group of young Indigenous women and operates out of Karpandi. It is a short term program that concentrates on engaging young women and focuses specifically on family violence intervention.

EXCEPTIONAL NEEDS PROGRAM
This program focuses on working with indigenous clients who have intensive and complex issues –these are referred to Westcare.

PROJECTS & PROGRAMS
These are coordinated short term projects that are community partnership funded and engage young people and communities in working together to achieve positive outcomes in areas such as education, youth justice, mentoring, community outreach and health and wellbeing.
COMMUNITY AGED CARE PACKAGES

Community Aged Care Packages are funded by the Commonwealth Department of Health and Ageing. These packages are available throughout the state. In order to receive a package, the frail or older person must be assessed and approved as eligible for low level residential care by an Aged Care Assessment Team (ACAT).

The Community Aged Care packages offer an integrated package of services. If you need services like help with bathing, meals, shopping etc the package will help with your needs to enable you to stay at home.

COMMUNITY AGED CARE PACKAGES SERVICES
TUMAKE YANDE
Southern Fleurieu Health Service
Harbor View Terrace
VICTOR HARBOR SA 5211
PH: (08) 8552 0600
FAX: (08) 8552 0616

SOUTH EAST REGIONAL COMMUNITY HEALTH SERVICE
Cedar Avenue
NARACOORTE SA 5271
PH: (08) 8762 8160
FAX: (08) 8762 8164

RIVERLAND COMMUNITY AGED CARE PROGRAM
Barmera Community Health Centre
Scott Avenue
BARMERA SA 5345
PH: (08) 8588 0457
FAX: (08) 8588 0499

TUMPINYERI
74 Adelaide Road
MURRAY BRIDGE SA 5253
PH: (08) 8532 2255
FAX: (08) 8532 2522

UNITING CARE –WESLEY HOUSE
324 Military Road
SEMAPHORE PARK SA 5019
PH: (08) 8449 7085
FAX: (08) 8341 6492

ABORIGINAL HOME CARE
3 Ninth Avenue
BOWDEN SA 5007
PH: (08) 8346 9155
FAX: (08) 8346 9766

DOMICILIARY CARE SA
18 Fullarton Road
NORWOOD SA 5067
PH: (08) 8193 1234
Freecall: 1800 110 033

RESTHAVEN MURRAY BRIDGE & HILLS
53 Swanport Road
MURRAY BRIDGE SA 5235
PH: (08) 8531 2989
FAX: (08) 8532 6151

YORKE PENINSULA HEALTH SERVICE INC
36 Robert Street
MAITLAND SA 5573
PH: (08) 8832 2050
FAX: (08) 8832 2262

HELPING HAND AGED CARE
Shop 6, 182 Ellen Street
PORT PIRIE SA 5540
PH: (08) 8633 0773
FAX: (08) 8633 2339

CALVARY HOME CARE SERVICES –ADELAIDE
103 Fisher Street
FULLARTON SA 5063
PH: (08) 8271 7212
FAX: (08) 8271 7223

CALVARY HOME CARE SERVICES –FLINDERS & FAR NORTH
Shop 3, 5 Young Street
PORT AUGUSTA SA 5700
PH: (08) 8641 1266
FAX: (08) 8641 1766
TULLAWON HEALTH SERVICE
C/- Yalata Community
PMB 45
CEDUNA SA 5690
PH: (08) 8625 6237
FAX: (08) 8625 6268

OAK VALLEY AGED CARE
C/- Oak Valley Community
Box 435
CEDUNA SA 5690
PH: (08) 8625 2946
CLINIC: (08) 8670 4207

SOUTH EAST REGIONAL HEALTH SERVICE
PO Box 267
MT GAMBIER SA 5290
PH: (08) 8721 1485
FAX: (08) 8721 1461

BOANDIK LODGE
101 Lake Terrace East
MOUNT GAMBIER SA 5290
PH: (08) 8755 1444
FAX: (08) 8755 1173

EYRE REGIONAL HEALTH SERVICE
PO Box 623
PORT LINCOLN SA 5606
PH: (08) 8682 0913
FAX: (08) 8682 5590
The Aboriginal Health Council of South Australia is the peak body representing Aboriginal community controlled health and substance misuse services in South Australia at a state and national level.

Services include:

**Aboriginal Community Controlled Health Services:**

- Nganampa Health Council
  3 Wilkinson Street
  ALICE SPRINGS NT 0871
  PH: 8950 5452
  FAX: 8952 3742

- Nunkuwarrin Yunti of South Australia
  182 -190 Wakefield Street
  ADELAIDE SA 5000
  PH: (08) 8223 5217
  FAX: (08) 8223 7658

- Oak Valley Health Service
  C/- Maralinga Tjarutja
  43 McKenzie Street
  CEDUNA SA 5690
  PH: (08) 86252946
  FAX: (08) 86253076

- Port Lincoln Aboriginal Health Service
  19A Oxford Terrace
  PORT LINCOLN SA 5606
  PH: (08) 86830162
  FAX: (08) 86830126

- Tullawon Health Service
  PMB 45
  VIA CEDUNA SA 5690
  PH: (08) 8296 4063
  FAX: (08) 8625 6268

- Umoona Tjutagku Health Service
  Lot 8 Umoona Road
  COOBER PEDY SA 5723
  PH: (08) 8672 5122
  FAX: (08) 8672 3349

- Pangula Mannamurna Health Service
  191 Commercial Street West
  MT GAMBIER SA 5290
  PH: (08) 87247270
  FAX: (08) 87247378
• Nunyara Wellbeing Centre
  17 – 23 Tully Street
  WHYALLA NORRIE SA
  PH: (08) 8649 4366
  FAX: (08) 8649 8485

Aboriginal Substance Misuse Services

• Aboriginal Sobriety Group
  182 -190 Wakefield Street
  ADELAIDE SA 5000
  PH: (08) 8232 4204
  FAX: (08) 8232 6685

• Kalparrin Community
  Karoonda Road
  MURRAY BRIDGE SA 5253
  PH: (08) 8532 4940
  FAX: (08) 8532 5511
COMMUNITY HEALTH SERVICES

NOARLUNGA HEALTH VILLAGE
Alexander Kelly Drive
PO Box 437
NOARLUNGA CENTRE SA 5168
PH: (08) 83849266
FAX: (08) 83819727

CEDUNA KOONIBBA HEALTH SERVICE
Eyre Highway
PO Box 314
CEDUNA SA 5690
PH: (08) 8625 3699
FAX: (08) 8625 2898

MUNA PAIENDI HEALTH SERVICE
Cnr Haydown & Oldham Roads
ELIZABETH VALE SA 5112
PH: (08) 8182 9206
FAX: (08) 8182 9384

PIKA WIYA HEALTH SERVICE
40 – 46 Dartmouth Street
PORT AUGUSTA SA 5700
PH: (08) 86429904
FAX: (08) 8642 6621

PIKA WIYA HEALTH SERVICE
Copley
Via LEIGH CREEK SA 5732
PH: (08) 86752866
FAX: (08) 86752308

PIKA WIYA HEALTH SERVICE
Davenport Community
Via PORT AUGUSTA SA 5700
PH: (08) 86422556
FAX: (08) 86410258

PIKA WIYA HEALTH SERVICE
Nepabunna Clinic
NEPABUNNA SA 5732
PH: (08) 86483726
FAX: (08) 86483727

RIVERLAND HEALTH SERVICE
Scott Avenue
BARBERA SA 5345
PH: (08) 8588 0450
FAX: (08) 8588 0449

RIVERLAND COMMUNITY HEALTH
Cornwall Street
BERRI SA 5343
PH: (08) 8580 2500
FAX: (08) 850 2500

MURRAY MALLEE COMMUNITY HEALTH
Swanport Road
MURRAY BRIDGE SA 5253
PH: (08) 8535 6800
FAX: (08) 8535 6808

PORT ADELAIDE COMMUNITY HEALTH
Church Street
PORT ADELAIDE SA 5015
PH: (08) 8240 9633
FAX: (08) 8240 9609

THE PARKS COMMUNITY HEALTH SERVICE
Trafford Street
ANGLE PARK SA 5010
PH: (08) 8243 5611
FAX: (08) 8347 4221

MENINGIE HEALTH SERVICE
2 South Terrace
MENINGIE SA 5264
PH: (08) 85751208

CENTRAL NORTHERN ADELAIDE HEALTH SERVICE
489b North East Road
HILLCREST SA 5086
PH: (08) 83348417
FAX: (08) 8369 3677

WHYALLA COMMUNITY HEALTH SERVICE
171 Nicholas Avenue
WHYALLA NORRIE SA 5608
Nunkuwarrin Yunti is the metropolitan Aboriginal Centre that provides health care and community support to Aboriginal and Torres Strait Islander people.

Services include:
1. Aboriginal Health Service
2. Counselling and Social Health Program
3. Dental Health Program
4. Link-up Program
5. Medical Services are available through clinics at:
   182-190 Wakefield Street ADELAIDE SA 5000
   PH: (08) 8223 5217

   Kaurna Plains Early Childhood Centre
   Ridley Road ELIZABETH SA 5112
   PH: (08) 82553299

   Northern Clinic
   Brady Street ELIZABETH DOWNS SA 5113
   PH: (08) 82545300

6. No Pulgi Program
7. Nu Hit Program
8. Sexual Health Program
ADDITIONAL MAINSTREAM SERVICES

GRANDPARENTS FOR GRANDCHILDREN SA INC
Grandparents for Grandchildren is a unique community service that provides a range of
services for grandparents concerned about the welfare of their grandchildren who may be
disadvantaged or in crisis.
The organization was born out of an urgent need for community and government support
for grandparents and relative carers who struggle with the responsibility and the financial
and legal complexity of bringing up their grandchildren.

GRANDPARENTS FOR GRANDCHILDREN SA INC
Level 1, Torrens Building
220 Victoria Square
ADELAIDE SA 5000
PH: (08) 8226 3565
FAX: (08) 8410 6642
Email: gfgsainc@bigpond.com

COUNCIL ON THE AGEING (COTA)
Council on the Ageing (COTA) is the peak organization for older South Australians.
The vision of COTA is to enhance the quality of life, to protect and promote the wellbeing
and to advance to its full potential, the citizenship of seniors.
Membership of COTA is open to people over 50 years of age. COTA has both individual
and organizational members jointly providing a membership base of around 85,000 older
South Australians.
COTA offers a broad range of programs including:
1. Every Generation
2. Networking Clubs in the Community
3. Volunteer Program
4. Strength for Life
5. Get Going – Stay Active
6. Peer Education Program

COUNCIL ON THE AGEING (COTA)
PO Box 1583
ADELAIDE SA 5001
45 Flinders Street
ADELAIDE SA 5000
PH: (08) 8232 0422
FAX: (08)8232 0433
Email: cotasa@cotasa.org.au
Website: www.cotacotasa.org.au
SENIORS INFORMATION SERVICE (SIS)

Seniors Information Service provides reliable up to date information essential for seniors and their carers to:

- Make decisions about daily living
- Improve their quality of life
- Stay independent for as long as possible

SIS can provide information about housing, residential care and community aged care packages. Things you may need to talk about:

- Accommodation
- Home help
- Care options
- Consumer Rights
- Financial arrangements if needing care

Residential Care.
SIS can provide information and support to enable:

- Going into aged care facilities
- Getting assessments
- Understanding fees, charges, bonds, etc
- Understanding residents rights in retirement housing

SENIORS INFORMATION SERVICE
76 WAYMOUTH STREET
GPO BOX 1645
ADELAIDE SA 5001
PH: (08) 8168 8776
FAX: (08) 8221 5697
Freecall: 1800 636 368
Email: information@seniors.asn.au
Website: www.seniors.asn.au
ABORIGINAL JUSTICE OFFICERS

Aboriginal Justice Officers (AJO's) are located at various Magistrates Courts within the Fines Payment Unit (FPU) to give specific help and to provide culturally appropriate assistance to the Community. AJO's can assist you with Court related matters, fine enquiries, payment options and requests for time to pay.

If you cannot afford to pay your fines in full, payment arrangements can be offered based on your ability to pay. If you cannot afford to pay your fine, then you may need to have a financial assessment to determine the best way to sort out the unpaid fines. As a result, you could also be referred to Court to appear before a Magistrate so he/she may determine an Alternate Penalty for your Court Fines.

I need help with:

- Court fines and expiation notices
- Payment options
- Financial assessments
- Court hearing dates
- Various court procedures
- Nunga Courts
- Court Circuits at country areas

Speak to an AJO for more information

Where can I contact an AJO

**Port Adelaide Magistrates Court**

(08) 8207 6270, (08) 8207 6271, (08) 8207 6272

**Adelaide Magistrates Court**

(08) 82048435, (08) 8204 8437, (08) 8204 8438

**Port Augusta Magistrates Court**

(08) 8648 5144, (08) 8648 5145

Also see Payment of Fines
PAYMENT OF FINES

The Fines Payment Unit

The Fines Payment Unit (FPU) is a special purpose unit within the Magistrates Court of South Australia which handles all business relating to the collection and enforcement of fines. You can attend any Magistrates Court to arrange payment of Fines.

The FPU cannot accept payments for Expiation Notices that have not gone to Court.

I have been issued with an Expiation Notice (fine)

If you have been issued with an Expiation Notice (Fine) for traffic, parking, or other offences, you can pay it to the issuing authority by the due date.

However, if you cannot afford to pay your Expiation Notice in full by the expiry date, due to financial hardship, you can attend any Magistrates Court and apply for an "Application for Relief" to pay by installments.

You will need to bring the original Expiation Notice into the Court before the due date and show proof of ID and income and expenses, so a payment arrangement can be established.

What if I get a Court Fine

Anyone who is unable to pay their court fines in full within 28 days will need to attend the front counter of the Fines Payment Unit after court to sort out the best way to pay.

Or Contact the Easy Pay Fines Call Centre to make a payment arrangement over the phone.

Free Call 1800 659 538

PAYMENT OPTIONS

~YOU CAN NOW PAY~

BY CDEP - You can arrange with your pay officer to deduct fine payments from your wages

BY CENTRYPAY - You can arrange for payments to be transferred directly from your Centrelink benefit. Attend your nearest Magistrates Court and just bring in your Centrelink reference number (CRN)
BY DIRECT DEBIT - Your payments are deducted directly from your bank account. Attend your nearest Magistrates Court. You will need to provide your bank details, such as your BSB and account number to pay by this method.

AUSTRALIA POST - Make full or Part payments before the due date.

PAY BY PHONE - You can pay court fines by credit card over the phone to the Easy Pay Fines Call Centre. Free Call 1800 659 539

BPAY - Telephone & Internet Banking. Call your bank to make this payment from your savings, cheque or credit card.

BILL EXPRESS - You can pay fines where they offer this service, look for the sign in your local area.

BPOINT - Payments can be made at the Commonwealth Bank.

You will need to take in the notice with the barcode so that it can be scanned and the payment can be processed.
ABUSE OF ABORIGINAL ELDERS

The Council of Aboriginal Elders say:

"Any abuse of an Aboriginal Elder is a real dog act

Its a real shame job

We will not tolerate it."

Do you want to keep our culture? The Elders are the custodians of Aboriginal Culture.

It is because of them that we still have our precious culture.

What is Abuse?

Bashing an Elder
Ripping them off by taking their food
Ripping them for their money
Ripping them off for their medication
Ripping them for their possessions
Threatening Elders with violence

What is Abuse?

Sponging off Elders
Threatening Elders that they will not see their grannies
Cutting Elders off from their community support
Starving Elders of food, money and every day needs

Get the message?

Abuse of Elders is NOT OK

If it is happening to you or someone you know then call:

Aged Rights Advocacy Service (ARAS)

ARAS provides a free and confidential service

Telephone (08) 8232 53 0.78377
Country Toll Free 1800 700 600

or

Council of Aboriginal Elders of SA

Telephone (08) 8367